



# GRAD MENTOR PACKAGE

Note: this material was adapted from the “Potential Impact Mentor” package by the Convention of Atlantic Baptist Churches.

## **What is a Grad Mentor?**

Someone who will journey with a grade 12 student during their final year of high school, helping them recognize God’s voice in their lives by praying for them and listening to them through the decisions they are navigating.

*A mentor is someone who can help you clarify things that are in your head and in your heart.*

## **Qualifications of Mentor**

- Journeying with Jesus in their own life and decisions
- Mature Faith in Christ
- A good role model in Christ
- Not related to the mentee
- In the same local area as the mentee, preferably the same local church
- Excellent active listening skills.

## **Commitment of Mentor**

- Meet once per month with the mentee in person using the Chat cards as a guide (from October-June).
- Connect once per month with the mentee either in person or by phone using the Chat cards as a guide (July to December).
- Mentoring goes from October of the current year until December of the next year.
- Pray with and for the mentee.

## **Guidelines for Mentor**

- You are not a parent to the mentee; your role is not to tell them what to do, it is to listen.
- You are not a counsellor. Your role is not to fix them; it is to listen and help them recognize God's direction in their life.
- Build trust. It'll be difficult for this mentor-mentee relationship to be effective and help the student in their grade 12 journey if trust is not there. So pray for trust, and build trust, but also share your prayer requests, stories, joy and struggles (appropriately) with the mentee.
- Meet in public place or where others are around.
- Make sure a parent of the mentee knows you are mentoring their child including meeting with the child in person for the duration of the arrangement along with regular communication.
- Allow the mentee to drive the conversation on applicable topics. (e.g. Ask them: How can you be helpful? What do they want to discuss?)
- Thank you for investing in a grade 12 student! May it be a huge blessing.

## **Guidelines for Mentee (student)**

- Know what you want in this mentoring relationship and why you want it. How can your mentor be helpful? What do you want to discuss with them? How can they help you grow in recognizing God's work in your life?
- Know how you want the relationship to work. Sharing your learning style and what your expectations are will be invaluable to your mentor. Will reading the book be painful for you? (Perhaps it's better to pick one or two relevant chapters?) Will reading the book invigorate you? Do you like someone to ask lots of questions of you when you meet? Do you prefer to do lots of talking and have someone else listen?
- Ask your mentor how you can help him/her. It's okay to press for an answer and have confidence that no matter what your age, you have things to share that will help them grow too. You are both learning more about how to recognize God's work in your lives through this relationship.
- Build trust. It'll be difficult for this mentor-mentee relationship to be effective if trust is not there. So pray for trust, and build trust. Be open to sharing your prayer requests, stories, joy and struggles with your mentor.
- Thank you for inviting a mentor into your life! May it be a huge blessing!



## CHAT CARDS

The following pages have your Chat Cards, one for each month.  
These are guides to help you know what to discuss each time you meet.  
You are not obligated to follow these completely. While the first card is the longest,  
it has lots of get-to-know-you questions.

Any questions, contact Alvin Lau (416-620-2946, [alau@baptist.ca](mailto:alau@baptist.ca)).

# CHAT CARD 1 – OCTOBER

1. If you don't already know each other, you both get to pick 2 or 3 of these get to know you questions to ask each other:
  - a. What are five things you love to do?
  - b. What are five things you hate to do?
  - c. Where would you spend a three-week vacation if money were no object? Why?
  - d. If you had the power to recreate yourself, what are three things you would NOT change?
  - e. What is one thing you would love to smash with a hammer if you would not get in trouble for it and why?
  - f. What 5 words would you use to describe Jesus?
  - g. What story do you enjoy hearing your parents or other relatives tell about something YOU did or said when you were little?
  - h. If you could have one super-power, which would it be? Why?
  - i. How do you get in touch with God?
  - j. What are you most enjoying about grade 12 (or your life) so far this year?
2. What's one highlight from your week?
3. What's your biggest challenge right now? (How is it also an opportunity?)
4. What's the biggest question that goes through your head these days?
5. Do you have any ideas about what is after high school for you?
  - a. How did you come to those ideas?
  - b. How certain, on a scale of 1 to 10 are you feeling about that idea(s). 0 being, not certain at all, it could change in 1 hour to 10, it's not going to change even 10 years from now.
  - c. We'll come back to this again and again – God is not playing hide and seek with you or trying to make decisions difficult. He loves you and always desires His best for you. Just keep walking in His direction and you can't go wrong, even if you feel uncertain. 3 ways we can discern God's direction is:
    - God's people – what are people who care about you and love God saying about this?
    - Circumstances – what are circumstances saying? Are certain doors opening (or you need to turn the handle to see)? Are certain doors closing?
    - God's Word and His indwelling Spirit – Has God been highlighting anything in particular in His Word and in your mind? Is this in-line with His word and character? What is this telling you?
6. A suggested book that could be discussed together is "The Life You've Always Wanted" By John Ortberg. It talks about different ways we can create a life that is open to hearing God's voice. We recommend you both commit to reading one chapter before each time you meet and then we'll have discussion questions on the chapter each time you meet, particular directed towards the big grade 12 decisions. So, is this the tool you both want to use? Are you both able to commit to reading one chapter before each time you meet (once a month)? Actually for the first time we recommend you read chapter 1 and 2, because they really go together.
7. Any prayer requests – particularly about what you want God to do with our times together? Pray for each other.



## CHAT CARD 2 – NOVEMBER

1. What's the biggest highlight from your week?
2. What's the biggest question in your head this week? Is there something you are wrestling with?
3. As you think about life after high school, what are some of the things that excited you the most?
4. As you think about life after high school, what are some of the things that scare you the most?
5. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 1 and chapter 2 to ask each other.
6. Where are things, in terms of your decision for life after high school?
  - a. What help are they giving you at school?
  - b. What help are your parent(s) giving you?
7. As you continue to think about God's leading in this:
  - a. God's people – what are people who care about you and love God saying about this?
  - b. Circumstances – what are circumstances saying? Are certain doors opening (or you need to turn the handle to see)? Are certain doors closing?
  - c. God's Word and His indwelling Spirit – Has God been highlighting anything in particular in His Word and in your mind? Is this in-line with His word and character? What is this telling you?
8. Pray for each other.



## CHAT CARD 3 — DECEMBER

1. What's one highlight from your week?
2. Anything that is particularly weighing on you this week?
3. As you think about life after high school, anything you're going to really miss?
4. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 3 to ask each other.
5. How is the pressure of grade 12? How do you handle that pressure?
6. For the mentor to answer – how did you know what calling/career was right for your life?
7. Pray for each other.



## CHAT CARD 4 – JANUARY

1. What were your three favourite moments of the last four years?
2. What were the hardest moments of your last four years at high school?
3. What do you think were the biggest learning experiences of high school?
4. What support did you most appreciate during the last four years?
5. What support do you think will be helpful in the next four years?
6. From the Study Guide at the back of “The Life You’ve Always Wanted” book, you each get to choose two questions from chapter 4 to ask each other.
7. Discuss ways you can apply the practice of celebration in your lives.
8. Pray for each other.





## CHAT CARD 5 – FEBRUARY

1. As you look ahead at your life in the next four years, what are you excited about learning?
2. As you look ahead at your life in the next four years, what are you excited about experiencing?
3. As you look ahead at your life in the next four years, what worries you?
4. As you look ahead, what do you want to see happen in your relationship with God over the next four years?
5. From the Study Guide at the back of “The Life You’ve Always Wanted” book, you each get to choose two questions from chapter 5 to ask each other.
6. Discuss ways you can apply the practice of “slowing” in your lives.
7. Pray for each other.

Note: By now, students will have decided if they are going to post-secondary studies, apprentice or work. There are different resources available depending on which path they choose.

- If they are going to college/university (whether at home or away from home), encourage them to look for a campus group to join. If they are attending a school in Ontario or English-speaking Quebec, you can find a local campus group at [cboqyouth.ca/postsecondary](http://cboqyouth.ca/postsecondary).
- If they are working or apprenticing at home, explore whether a young adult exchange may be an option to help move their faith journey forward.



## CHAT CARD 6 – MARCH

1. What do you enjoying doing?
2. Do any needs in your high school or in the world particularly tug on your heart? Sometimes they are a clue as to the uniqueness God has given us and where we can best serve Him.
3. What sorts of words do you hope people use to describe you now?
4. What sorts of words do you hope people will use to describe you in 5 years from now?
5. What makes you feel valued and encouraged?
6. How will you receive those things after high school?
7. Is God highlighting anything in particular to you these days?
8. From the Study Guide at the back of “The Life You’ve Always Wanted” book, you each get to choose two questions from chapter 6 to ask each other.
9. Discuss ways you can apply the practice of prayer in your lives.
10. Pray for each other.



## CHAT CARD 7 – APRIL

1. As you think about your life after high school what will your spiritual life look like?
2. Will you go to church after high school (even if you're not going to school away from home)? Where? (If you need help finding one, CBOQ Youth can help you!)
  - a. How will you participate in the life of that church?
3. Where will you meet Christian friends after high school?
4. If you'll be going to a different church after high school –
  - a. What will be weird about being at a new church?
  - b. What do you look forward to in checking out a new church?
  - c. What will you miss about your church now?
  - d. How will you work at getting connected in a new church?
5. For the mentor to answer – What was your faith like after high school? What helped you to keep growing in your faith?
6. Where have you seen God at work around you these days?
7. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 7 to ask each other.
8. Discuss ways you can apply the practice of servanthood in your lives.
9. Pray for each other.



## CHAT CARD 8 — MAY

1. How are things looking for next year?
2. How are you feeling about that?
3. How are your parents reacting to your plans for next year?
4. How will your relationship with your parents change next year?
5. If you have siblings:
  - a. How are they reacting to your plans for next year?
  - b. How will your relationship with your siblings change next year?
6. What are all the plans for graduation ceremonies and parties next month?
7. How do you picture your life five years from now?
8. Is God highlighting anything in particular to you these days?
9. From the Study Guide at the back of “The Life You’ve Always Wanted” book, you each get to choose two questions from chapter 8 to ask each other.
10. Discuss ways you can apply the practice of confession in your lives.
11. Pray for each other.



## CHAT CARD 9 – JUNE

1. This month go out and celebrate together – go for ice cream, go for lunch or dinner or ....
2. Recall together how God has led you through this year and all the decisions.
3. When do new things start for you this summer/fall?
4. How have you grown in your relationship with God this year?
5. What are your plans to continue to grow in your faith?
6. From the Study Guide at the back of “The Life You’ve Always Wanted” book, you each get to choose two questions from chapter 9 to ask each other.
7. Pray for each other.



## CHAT CARD 10 – JULY

1. What has life been like now that you're graduated?
2. What do you hope to accomplish or experience by September?
3. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 10 to ask each other.
4. Pray for each other.



## CHAT CARD 11 – AUGUST

1. What preparations are you making if you're moving away?
2. What kind of closure are you feeling with your "high school" life essentially over?
3. Did you accomplish or experience what you wanted to this summer?
4. What are three anticipations you have for September?
5. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 11 to ask each other.
6. Pray for each other.



# CHAT CARD 12 — SEPTEMBER

1. What's been the biggest surprise this September?
2. What anticipations were met? Which didn't quite happen the way you wanted it to? (What could you have done differently?)
3. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 12 to ask each other.
4. Pray for each other.





## CHAT CARD 13 — OCTOBER

1. What changes have you seen in yourself since this new chapter of life started?
2. What do you miss about high school life? What don't you miss?
3. From the Study Guide at the back of "The Life You've Always Wanted" book, you each get to choose two questions from chapter 13 to ask each other.
4. Pray for each other.



## CHAT CARD 14 — NOVEMBER

1. What changes have happened in your family life? What is your relationship like with your parents?
2. How has your church supported (or not supported you) in the last few months?
3. (If applicable) What is your new church community like? (This can also include campus groups.)
4. Pray for each other.



# CHAT CARD 15 – DECEMBER

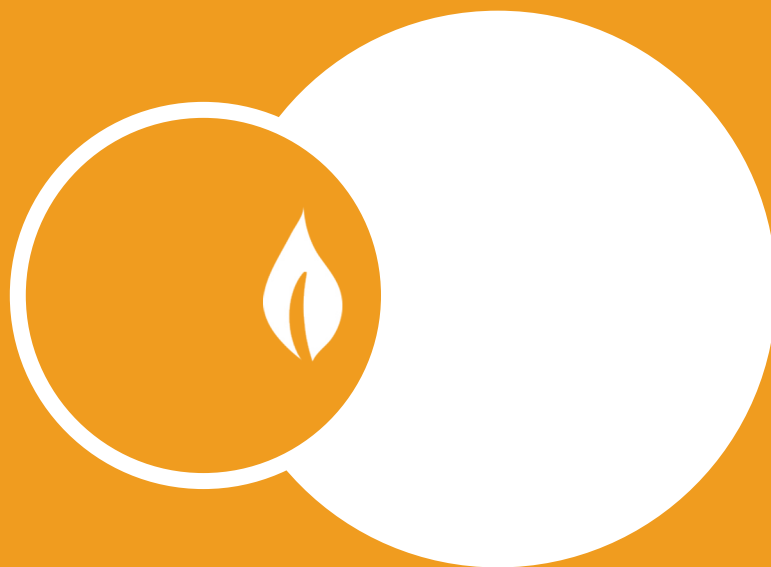
1. What's been your three biggest joys over the last four months?
2. What's been your two biggest struggles?
3. What did you find helpful in this mentoring relationship? What could have been better or done differently?
4. Pray for each other.

Note: While this template only encompasses 15 months of a mentoring relationship, it is your decision if you choose to continue.



*“And let us not neglect our meeting together,  
as some people do, but encourage one another,  
especially now that the day of his return is drawing near.”*

Hebrews 10:25



[cboqyouth.ca/postsecondary](http://cboqyouth.ca/postsecondary)